

Embossed Stomachers

simulating the intricacies of period stomachers



“EMBROIDERED” STOMACHER

When time, skill level, and money are short, yet an elaborate stomacher is needed utilizing a fabric modification technique, embossing, instead of traditional embroidery or beading is a quick, easy, and effective alternative.



“EDWARDIAN” STOMACHER

The following presentation chronicles the use of emBELLAtex™, a fabric modification process and product, in creating a three colored “Embroidered” Stomacher and an “Edwardian” Stomacher.

emBELLAtex™ Embossing Kit

The kit contains embossing paste, spreader and stencils.

The **emBELLAtex™ paste** is made up of three parts, a water based carrier, a light reflective filler, and a colorant, glitter. The formula is held as a Trade Secret by Ides of March Design Group, Ltd.

The paste can be tinted with acrylic paint to reduce with shine of the glitter. The examples in the picture to the right Liquitex Light Gold Irresdescent paint was added to the embossing paste to alter the light reflection.

Left is original formula for paste with glitter ratio 1 oz paste to 0.13 oz glitter.

Middle is paste tinted with gold acrylic paint and original paste to glitter ratio .

Right is paste tinted with gold acrylic paint and no glitter.



Storing the paste in an airtight container such as a zip top bag, without the colorant attains optimum shelf life. If stored in a cool place the paste has a shelf life of up to a year. With glitter added to the paste the shelf life is about 6 weeks, but it can be brought back to a workable consistency (cake icing) by adding more of the carrier.

The **stencils** are of durable translucent polyester. It holds up to multiple uses and cleaning. The stencils are hand “cut” using a special stencil burner. The burner leaves a ridge on the stencil that adds to the thickness of the cut out area. This give a different effect to the embossed area, which looks more like handwork instead of the clean edges when using a laser cut stencil.

The emBELLAtex™ Embossing Kit is available for purchase through **Ides of March Design Group, Ltd.** Inquiries may be made by telephone (303-838-4740) or email (<mailto:dldixon@idesofmarchdesign.com>).

Basic Embossing Instructions

Detailed instructions with pictures can be found using the following link.

http://www.siwcostumers.org/newsletterarchive/VirtCostV12-I3-2014/VirtCostV12-I3-2014_43-embellatex.pdf

Basic Embossing Materials

Embossing

¾" thick builders Styrofoam board for mounting,
available in 4' x 8' sheets at builder supply stores

straight pins, short map pins work best

.7 mil clear plastic sheeting

emBELLAtex™ Embossing Kit (paste & spreader)

glitter colors (fine or micro)

kitchen type scale which measures 0.00 oz

Stencils

waterproof gloves

tulle

Cleaning Stencils

glass surface (glass table top)

scraper (putty knife or razor blade in holder)

water tank (ice chest lined with garbage bag)

water bath (add a couple drops of Dawn liquid dish detergent
& 1 tsp of bleach)

scrub brush

drying rack, to hang stencils after cleaning

clothes pins

paper towels

cloth towels

alcohol

“Embroidered” Stomacher

Materials:

Stencil: The Elms, 3 part stencil, 2 repeats plus 2 extra repeats of flowers



Fabric: Ivory Sparkle tulle

Glitter: gold, apple green, peachy pink

Stencil layers:

1 of 3 Gold is built up with 5 layers of embossing, one on top of the other

2 of 3 Apple Green leaves are single layer

3 of 3 Peachy Pink flowers are single layer

Hot Tool stencil burner with angled tip (for “cutting” out embossed parts)

Oven liner

Hot glue gun and glue sticks

Parchment Paper

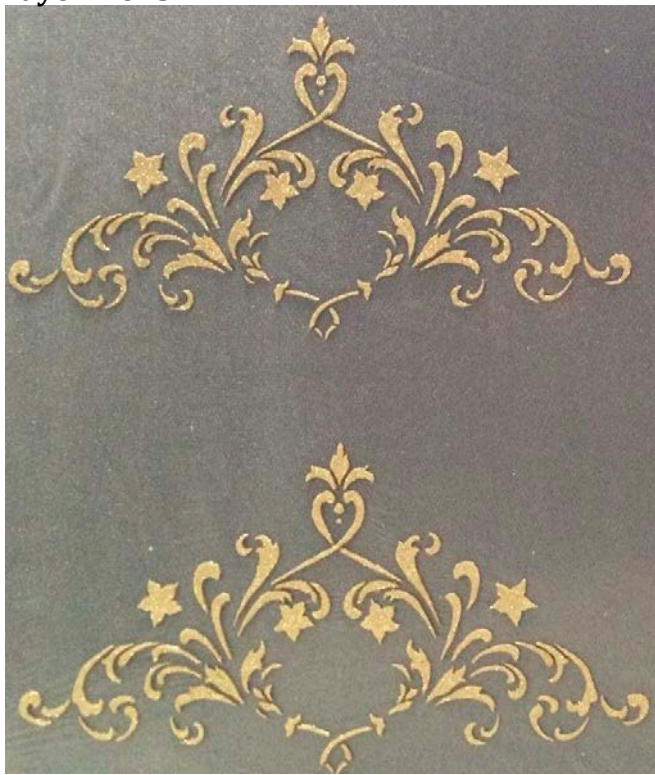
Line Drawing of Stomacher (guide to reassemble embossing)

Instructions:

(Use basic embossing instructions)

1. Secure a layer of plastic sheeting to the Styrofoam board, then secure a layer of tulle over the plastic by pinning about every 6-8 inches around the edges. The tulle should be taut but not too tight.
2. Add glitter to paste, ratio 1 oz paste to 0.13 oz glitter
Mix glitter colors to paste and roll up each bag until ready to use.
3. Place stencil labeled 1 of 3 on tulle, pin to hold in place. Spread gold paste on area to be stenciled. Work quickly in small sections, keeping the paste smooth, avoid going over the area where paste has been applied.
4. Carefully remove the pins holding the stencil in place, anchor the lower left corner of the stencil, lift the upper right corner and roll it toward the left being careful not to smudge the stenciled design
5. Clean stencil and allow paste to dry to the touch.
6. Repeat steps 3-5 with stencil 1 of 3 directly on top of original embossing, 4 more times.
6. Repeat steps 3-5 until the pattern is the desired thickness.
7. Using stencil 2 of 3, leaves, apple green paste, repeat steps 3-5.
8. Using stencil 3 of 3, flowers, peachy pink paste, repeat steps 3-5..

Layer 1 of 3



Layer 2 of 3



Layer 3 of 3



Embossing closeup



Assembling Stomacher:

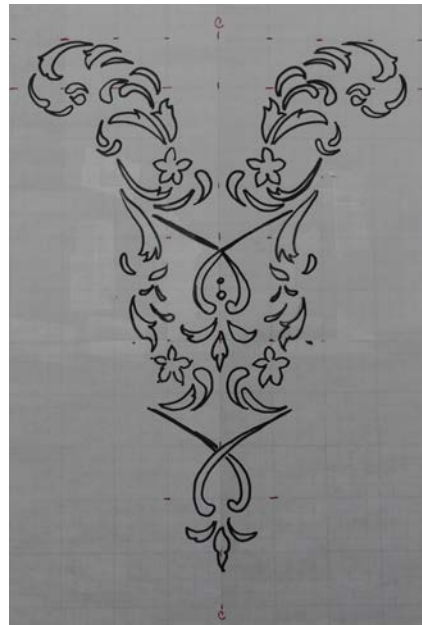
1. Burn away the tulle, leaving the embossed elements needed for the stomacher. An oven liner mounted to a drawing board is an excellent surface for burning out embossing. It goes much quicker than cutting out the designs.
2. Use the Styrofoam board as the base to reassemble the embossed parts into the Stomacher. Secure the line drawing of the stomacher to the styrofoam board,
3. Place a sheet of parchment paper over the line drawing, secure to board at corners
4. Place a piece of tulle over the parchment paper, secure this to the board, making sure that it is snug and does not bounce, yet don't stretch out of shape. Sometimes it helps to pin at an angle to hold the tulle in place.
5. Hot glue the embossed parts to the tulle.
Lightly secure the embossed pieces to the tulle following the line drawing, with dots of hot glue. After all pieces are "basted" in place turn the tulle right side down and finish gluing the pieces in place. Smooth the glue with parchment paper. Be sure to catch the edges of the embossing so that they do not work loose with wear.

***Hot Glue tip:** The secret to a hot glued piece is by making sure the glue is thin and even. This can be achieved by pressing the glued area with a piece of parchment paper while the glue is still hot. Hot Glue does not adhere to parchment paper.

Once the embossed pieces are secured additional embellishments can be added. The stomacher can be stitched in place on the garment so that it can be removed for cleaning and storage. The embossing can be gently washed or dry-cleaned but hot glue can not.

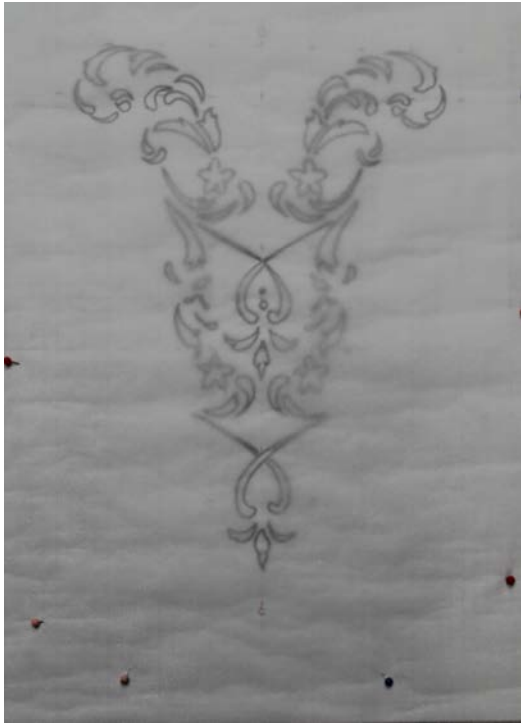


Step 1 embossed pieces on oven liner to burn away tulle



Step 3 parchment over line drawing

Step 4 tulle over parchment & drawing



Step 5 glue embossed parts



Step 5 (cont)



Step 5 (cont)



Step 5 (cont)



Step 6 secure embossing from back



Completed “Embroidered” Stomacher



“Edwardian” Stomacher

Inspiration:



(Photos courtesy of Lang Antique & Estate Jewelry, San Francisco, CA)

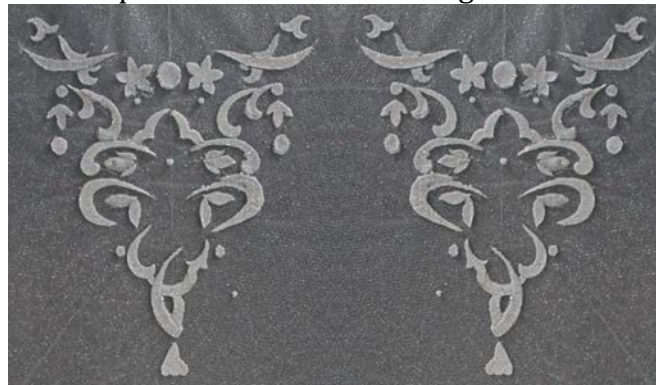
Materials:

Stencil: 5 part theorem stencil
Fabric: Ivory Sparkle tulle
Glitter: Silver Hologram
Picture Hanging Wire (50 lb twisted wire)
Line Drawing of design
Rhinestones
Chain set Rhinestones
Hot glue gun & glue
Parchment Paper
Hot Tool stencil burner with angled tip
Oven liner

Instructions:

(Use basic embossing instructions)

1. Emboss 1 repeat of stencil pattern and a mirror image of the stencil pattern



2. After embossing is dry, remove embossed tulle from plastic liner.

3. Set the mirror image embossed piece aside, this will be used to finish the back of the stomacher. Place the Line Drawing the Styrofoam work area and cover with a sheet of parchment paper.
4. Place the embossed design (front of stomacher) right side down on the parchment paper and pin into place.



5. Wire the backside of the embossing as pictured for support.
Working in small sections pin the wire in place then put a line of glue on top of the wire over an embossed section, smooth the glue with a piece of parchment paper.



6. Glue the mirror image embossing to the backside of the stomacher to cover the exposed wire. Again, smooth the hot-glued areas with parchment paper to make the piece as flat as possible.

7. Embellish the front side of the stomacher with rhinestone elements. The chain set rhinestones can be pushed together making the work much quicker than gluing individual rhinestones.



8. Burn away the tulle to finish the stomacher.



8. Stomacher is now ready to be stitched to garment.

Completed “Edwardian” Stomacher



